

ALLERGIC REACTION

Persons with a history of life-threatening allergies should be known to appropriate school staff. An emergency care plan is needed upon enrollment. Staff in a position to administer approved medications should receive instruction.

A person may experience a delayed allergic reaction up to 2 hours following food or medication ingestion, bites, bee sting or exposure to chemicals, plants, etc

- Ask if person is having difficulty breathing or swallowing
- Ask person if they have a history of allergic reaction
- Check for a medical bracelet or medallion

• Does the person have a history or current symptoms of a severe allergic reaction to the recent exposure? (see below)

- NO**
- Brush off dry substances (wear gloves)
 - Flush contact area or substance from skin and eyes with water
 - Notify adult supervising person of exposure (bee sting or ingestion) and possibility of delayed allergic reaction
 - Observe mild reactions
 - Review person's emergency plan

- YES**
- Refer to Emergency Action/Care Plan, if available
 - Administer Epinephrine (EpiPen) as per school protocol
 - Administer other doctor and parent/guardian-approved medication as prescribed - **CALL EMS 9-1-1**

Is person so uncomfortable that he is unable to participate in school activities?

- Keep quiet & in position of comfort
- Be prepared to use "CPR"

NO
Return to class

Contact responsible school nurse or administrator & parent or legal guardian.

Symptoms of a Severe Allergic Reaction after Exposure

Difficulty breathing, wheezing Difficulty swallowing, drooling Continuous coughing or sneezing Tightening of throat or chest Swelling of face, neck or tongue Confusion or loss of consciousness	Pale, gray, blue or flushed skin/lips Poor circulation (See "Seriously Ill/Shock") Nausea and/or vomiting Weakness, dizziness Seizures Suddenly appears seriously sick/Generalized rash or hives
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Symptoms Of A Mild Allergic Reaction

Red, watery eyes Rash or hives in local area or widely scattered	Itchy, sneezing, runny nose Localized swelling, redness
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