

Alcohol, Tobacco, and Other Drug (ATOD) Use

Middle School Key Findings

California Healthy Kids Survey (CHKS)—Spring 2015



The CHKS is the largest statewide survey of resiliency, protective factors, and risk behaviors in the nation. It is a critical component of school improvement efforts to help guide the development of more effective health, prevention, and youth development programs.

In Spring 2015, a total of 2,590 7th grade students were surveyed on-line using the Core and School Climate Modules. High school students (9th and 11th grades) were last surveyed in Spring 2014. The next district wide administration of CHKS for 7th, 9th, and 11th grade students will be in Spring 2017.

<u>Alcohol, Tobacco, and Other Drug Use</u>	7th grade	
	(Students reporting "yes")	
During the past 30 days, (any number of days) did you...	<u>2013</u>	<u>2015</u>
Smoke a cigarette?	4%	2%
Smoke a cigarette while on school property?	3%	1%
Use an electronic cigarette or other nicotine delivery device?	*n/a	6%
Drink alcohol?	7%	7%
Binge drink (5 or more drinks in a row within a couple of hours)?	4%	2%
Use marijuana?	5%	3%
Drink alcohol, smoke marijuana, or use any other illegal drug or pill to get "high" on school property?	6%	3%

*2013 data not available

SJUSD's Prevention Programs, funded through the Tobacco Use Prevention Education grant, offers support and resources to students district wide. Programs aim to improve academic success and school climate, while encouraging healthy lifestyles free from violence, alcohol, tobacco, nicotine, and other drugs.

Programs available to middle schools include:

Minnesota Smoking Prevention Program: An evidence-based curriculum that builds on students' skills to avoid tobacco use and enhances refusal strategies

Teen Intervene: An evidence-based brief intervention program for youth who may be experiencing problems associated with substance use

Club Live: A youth development opportunity that builds leadership skills and prevents substance use through weekly meetings and school wide events

REACH 1 Alliance: A leadership club and campus-wide movement encouraging everyone to work toward their full potential, reach out to others, and live a healthy life

"Don't Buy the Lie" Campaign: Combines assemblies led by big tobacco whistleblower, Victor DeNoble, and an art contest geared toward tobacco prevention

For more information call (916) 979-8623 or visit www.sanjuan.edu/prevention