



Sports Update March 23rd, 2021

The following sports will start training after Spring Break the week of April 5th. All COVID District and CIF guidelines will be followed. All students interested in participating in Mira Loma sports MUST be cleared in [SportsNet](#) and have signed a [COVID waiver](#).

Baseball

Days/Time: Tuesday, Wednesday & Thursday 3:30-5:30
Location: Varsity Baseball Field
Coach's Contact: Nes Pena = nestorpena@comcast.net

Softball

Days/Time: Monday, Wednesday & Friday 3 to 4:30
Location: Softball Field
Coach's Contact: Mike Maglalang = mmaglalang@yahoo.com

Boys Soccer

Days/Time: Tuesday & Thursday 3:30-5:30
Location: Grass Soccer Field
Coach's Contact: Joe Montalvo = montalvo@winfirst.com
Zoom Meeting on March 24th @ 12

Join Zoom Meeting

<https://sanjuan.zoom.us/j/83068395321?pwd=QkMwYTYzVGxjWWhvckluTW1DS1U5Zz09>

Girls Soccer

Days/Time: Monday & Wednesday 3:30-5:30
Location: Grass Soccer Field
Coach's Contact: Geoff Barka = askcb2@gmail.com

Track and Field

Days/Time: Tuesday, Thursday & Friday 4:15-6:15
Location: Track
Coach's Contact: Alluria Smith = alluria.smith@sanjuan.edu