

# San Juan Unified School District ECE BREAKFAST

# September 2021

This menu is subject to change due to product availability.

All meals are served with a 1% low-fat white milk. All grains are whole grain rich.



✓ Vegetarian Option

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ✓ Cereal, Kix Seasonal Fresh Fruit	2 ✓ Waffles Seasonal Fresh Fruit	3 ✓ Confetti Pancakes Seasonal Fresh Fruit
6 	7 ✓ Muffin Seasonal Fresh Fruit	8 ✓ Waffles Seasonal Fresh Fruit	9 ✓ Cereal, Kix Mixed Fruit, Canned	10 Breakfast Wrap (Turkey) ✓ Cereal, Kix Seasonal Fresh Fruit
13 ✓ French Toast Sticks Peaches, Canned	14 ✓ Whole Grain Bagel Cream Cheese Seasonal Fresh Fruit	15 ✓ Confetti Pancakes Seasonal Fresh Fruit	16 Egg & Cheese Muffin ✓ Cereal, Kix Applesauce Cup	17 ✓ Cereal, Kix Seasonal Fresh Fruit
20 ✓ Muffin Applesauce Cup	21 Breakfast Wrap (turkey) ✓ Cereal, Kix Peaches, canned	22 ✓ Cereal, Kix Seasonal Fresh Fruit	23 ✓ Waffles Seasonal Fresh Fruit	24 ✓ Confetti Pancakes Seasonal Fresh Fruit
27 ✓ Whole Grain Bagel Cream Cheese Pears, Canned	28 ✓ Muffin Seasonal Fresh Fruit	29 ✓ Waffles Seasonal Fresh Fruit	30 ✓ Cereal, Kix Seasonal Fresh Fruit	