

San Juan Unified School District K-8 BREAKFAST

September 2021

This menu is subject to change due to product availability.

All meals are served with a choice of 1% low-fat white or non-fat chocolate milk. All grains are whole grain rich.



**Marshmallow Mateys & Shredded Wheat cereal contain pork products while Honey Scooters do not.

✓ Vegetarian Option

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cereal Bar w/yogurt Cereal Variety** Seasonal Fresh Fruit	2 ✓ Waffles Cereal Variety** Raisins Seasonal Fresh Fruit	3 ✓ Scone (Banana/Chocolate) Cereal Variety** Seasonal Fresh Fruit
6 	7 ✓ Muffin Cereal Variety** Raisins Seasonal Fresh Fruit	8 ✓ Waffles Cereal Variety** Juice, Fruit Variety Seasonal Fresh Fruit	9 ✓ Scone (Banana/Chocolate) Cereal Variety** Raisins Seasonal Fresh Fruit	10 Breakfast Wrap (turkey) ✓ Whole Grain Bagel Cream Cheese Seasonal Fresh Fruit
13 ✓ French Toast Sticks Cereal Variety** Raisins Seasonal Fresh Fruit	14 Breakfast Pizza ✓ Whole Grain Bagel Cream Cheese Seasonal Fresh Fruit	15 ✓ Confetti Pancakes Cereal Variety** Raisins Seasonal Fresh Fruit	16 Egg & Cheese Muffin Cereal Variety** Seasonal Fresh Fruit	17 ✓ Cinnamon Roll Cereal Variety** Raisins Seasonal Fresh Fruit
20 ✓ Muffin Cereal Variety** Applesauce Cup Seasonal Fresh Fruit	21 Breakfast Wrap (turkey) ✓ Whole Grain Bagel Cream Cheese Juice, Fruit Variety Peaches, canned	22 Cereal Bar w/yogurt Cereal Variety** Seasonal Fresh Fruit	23 ✓ Waffles Cereal Variety** Raisins Seasonal Fresh Fruit	24 ✓ Scone (Banana/Chocolate) Cereal Variety** Juice, Fruit Variety Seasonal Fresh Fruit
27 ✓ Cinnamon Roll Cereal Variety** Applesauce Cup Seasonal Fresh Fruit	28 ✓ Muffin Cereal Variety** Raisins Seasonal Fresh Fruit	29 ✓ Waffles Cereal Variety** Juice, Fruit Variety Seasonal Fresh Fruit	30 ✓ Scone (Banana/Chocolate) Cereal Variety** Raisins Seasonal Fresh Fruit	