

# RIO AMERICANO HIGH SCHOOL

## STUDENT INFORMATION PACKET FOR LETTER OF RECOMMENDATION FROM YOUR COUNSELOR

Full Legal Name: \_\_\_\_\_  
First Name Preferred: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Phone: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

In order to write a college recommendation for you, please provide me with the following information about yourself. This information will be used solely for that purpose and **will be held in strict confidence. ALL INFORMATION IS OPTIONAL.** Please complete all sections of this form in as comprehensive a manner as possible. Feel free to add to this information at any time.

If applying to a UC campus or a private college/university, please attach a copy of your college essay.

When you have completed this form (type or print legibly), you might make photo copies to give to each person you ask for a letter of recommendation.

### I. Academic Information

#### 1. Test Score Information:

ACT Date: \_\_\_\_\_ Eng \_\_\_\_\_ M \_\_\_\_\_  
ScR \_\_\_\_\_ Read \_\_\_\_\_ Comp \_\_\_\_\_

PSAT Date: \_\_\_\_\_ V \_\_\_\_\_ M \_\_\_\_\_ Writing \_\_\_\_\_ Index \_\_\_\_\_

#### SAT Reasoning

Date: \_\_\_\_\_ V \_\_\_\_\_ M \_\_\_\_\_ W \_\_\_\_\_

Date: \_\_\_\_\_ V \_\_\_\_\_ M \_\_\_\_\_ W \_\_\_\_\_

#### SAT Subject Tests

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_  
Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Date \_\_\_\_\_ Subject \_\_\_\_\_ Score \_\_\_\_\_

Future Dates for: SAT \_\_\_\_\_; SAT Subject Tests \_\_\_\_\_; ACT \_\_\_\_\_

AP Tests and Scores: \_\_\_\_\_

Future AP Tests Include: \_\_\_\_\_

2. Do your ACT, PSAT, SAT scores reflect your academic potential? If not, explain.

3. Does your high school transcript accurately reflect your academic potential? If not, explain.
  
4. List any courses taken that are not listed on your transcript (college classes and/or college summer sessions, etc.)
  
5. Favorite courses in high school:
  
6. List current classes and Spring classes, including college classes.

**Fall**

**Spring**

7. Colleges you are considering:

Reach: \_\_\_\_\_

Good Chance: \_\_\_\_\_

Safety: \_\_\_\_\_

Early Decision/Action? \_\_\_\_\_ Binding? \_\_\_\_\_  
 Name of College

8. Probable college major/interest? \_\_\_\_\_  
 List any experience (paid or volunteer) in this area.  
 Be specific. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9. Probable career(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

10. School and Community Awards and Honors: List any honors and awards from grade 9 Through the present: (If not obvious please describe.)

Grade 9: \_\_\_\_\_

\_\_\_\_\_

Grade 10: \_\_\_\_\_

\_\_\_\_\_

Grade 11: \_\_\_\_\_

\_\_\_\_\_

Grade 12: \_\_\_\_\_

\_\_\_\_\_

## **II. Curricular and Extra Curricular-- School and Community Activities and Service**

1. List the major school activities in; which you have been involved since entering high school. Include years involved, offices held, positions played, championships won, etc. ***You may attach a separate resume of your activities.*** [Example: 9-11 Yearbook-Sports Editor (10), Editor (11); 11-Basketball Guard, League Champions (11) etc.]

**Sports**

**Position**

**Team Results**

**Clubs and Organizations**

**Offices Held/Committee Chairperson**

**Music/Art/Drama Talents**

**Offices Held/Specific Talent**

2. Describe your most important service to your high school.
  
3. List the major community activities and service in which you have been involved since entering high school. Include offices held, positions played, length of involvement, etc. (Scouting, church, volunteer work, tutoring, etc.) Briefly describe your role and contributions. You may attach a separate resume of your activities.
  
4. Describe any working experience you may have had (paid work, how long, days and hours worked).

**III. Parent/Guardian Perspective**

**ASK ONE OR BOTH YOUR PARENTS/GUARDIANS WRITE AT LEAST A PARAGRAPH DESCRIBING YOUR STRENGTHS, WEAKNESSES AND/OR UNIQUENESS. ATTACH A SEPARATE SHEET OF PAPER.**

**IV. Personal**

1. What is your ethnicity? (Optional)
  
2. Were you born in the United States?  
If "no," where were you born and when did you move to the United States?
  
3. How many languages can you speak?                      What are those languages?
  
4. Are you the first person in your family to attend college?
  
5. Are you hoping for an athletic scholarship? Yes/No. Name of sport: \_\_\_\_\_
  
6. Are there any alumni relationships in your family (parents, grandparents, siblings)?

Relationship	College/University
_____	_____
_____	_____

\_\_\_\_\_

7. Parents' information:

Occupation of father \_\_\_\_\_  
College attended \_\_\_\_\_ Degree \_\_\_\_\_

Occupation of mother \_\_\_\_\_  
College attended \_\_\_\_\_ Degree \_\_\_\_\_

With whom are you living? Circle one:

mother    father    both parents

other \_\_\_\_\_  
(Explain)

8. Brothers and/or Sisters? List current school, college, and/or occupation.

1. \_\_\_\_\_ School \_\_\_\_\_ Grade Level \_\_\_\_
2. \_\_\_\_\_ School \_\_\_\_\_ Grade Level \_\_\_\_
3. \_\_\_\_\_ School \_\_\_\_\_ Grade Level \_\_\_\_
4. \_\_\_\_\_ School \_\_\_\_\_ Grade Level \_\_\_\_

9. List any of your special interests, hobbies and/or talents - provide length of involvement (i.e. piano=7 years).

10. List significant travel experiences you have had and approximate dates.

11. List some of your future goals.

12. List four high school teachers/coaches/club advisors to whom I may speak regarding your capabilities, talents and personal qualities.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

13. From the list of adjectives on the last page, circle 10-12 adjectives which you feel best describe you. Of the 10-12 selected, pick three of them **and** explain why they best describe you.

14. Has there been an event in your life that has had a significant impact on you and/or your grades? Positive and/or negative. If so, explain.
15. Have you ever been subject to serious disciplinary action, or been suspended? If yes, please explain.
16. Select two or more of the questions listed below and answer thoroughly **on a separate sheet of paper**. Attach it to this completed packet. Your counselor or teacher will use these ideas to write a complete letter of recommendation for you.
- a. How would you like to see yourself grow over the next four years?
  - b. What might your teachers say is your greatest strength as a person? As a student? What are your shortcomings in those areas?
  - c. Do you have a hero or heroine? Who and why?
  - d. If you could reach for a telephone and talk to any living person, who would you call? Why?
  - e. What sets you apart as an individual?
  - f. If your best friend were asked to describe you, what would he/she say?
  - g. What events this past year have made you feel indignant? Involved?
  - h. What do you do in your spare time?
  - i. What person has had the greatest impact on your development? Explain why.
17. Have you had a unique or unusual experience or been involved in a unique or unusual activity that you think is noteworthy to share? Please explain. You may use a separate sheet of paper.

18. Adjectives List - See page 7.

Name \_\_\_\_\_  
\_\_\_\_\_

Please *circle* the adjectives which you feel best describe you.

(You should have 10-12)

able  
accurate  
active  
adaptable  
adept  
affable  
aggressive  
alert  
ambitious  
amiable  
analytical  
animated  
articulate  
artistic  
assertive  
athletic  
attentive  
bright  
brilliant  
capable  
careful  
charismatic  
committed  
compassionate  
competent  
conscientious  
conservative  
considerate  
consistent  
contemplative  
cooperative  
creative  
curious  
decent  
decisive

dedicated  
dependable  
detail-oriented  
dynamic  
earnest  
educated  
effective  
efficient  
emotional  
energetic  
engaging  
enthusiastic  
experienced  
expert  
expressive  
extroverted  
fast  
fit  
flexible  
focused  
forceful  
formidable  
friendly  
gentle  
gracious  
gregarious  
hardworking  
healthy  
honest  
humorous  
imaginative  
incisive  
independent  
individual  
industrious  
influential  
ingenious  
innovative  
inquisitive  
intelligent  
intense  
interested  
interesting  
introspective  
inventive  
involved

ivy league  
judicious  
knowledgeable  
liberal  
licensed  
literate  
managerial  
mature  
meticulous  
moral  
motivated  
multilingual  
multitalented  
open  
optimistic  
organized  
original  
outgoing  
outstanding  
patient  
people-oriented  
perceptive  
persevering  
persistent  
personable  
persuasive  
pleasant  
poised  
polished  
principled  
productive  
professional  
proficient  
qualified  
quick-thinking  
ready  
relaxed  
reliable  
resilient  
resourceful  
responsible  
robust  
scholarly  
scrupulous  
seasoned  
self-assured

self-reliant  
sensitive  
serious  
sharing  
sharp  
shrewd  
significant  
skilled  
smart  
sophisticated  
spirited  
stable  
successful  
talented  
tenacious  
thoughtful  
together  
tolerant  
top-level  
trained  
trustworthy  
unique  
unselfish  
upbeat  
urbane  
valuable  
versatile  
very motivated  
vigorous  
well-educated  
willing  
witty  
worldly  
young  
youthful

Or any other adjectives: