

# Sexual Assault Awareness

## What is Sexual Assault?

Sexual Assault is any unwanted sexual contact, name calling, attempted rape, and rape. If you have experienced any of these violations, you are a victim of sexual assault.



## If it happens; what to do?

Report any violations to a trusted adult right away

- Your High School counselor
- Your doctor or a medical professional
- An adult whom you trust

## You are not alone.

- In the U.S. 1 in 3 women and 1 in 6 men experience some form of sexual assault in their lifetime.
- 1 in 4 girls and 1 in 6 boys will be sexually abused before they turn 18
- almost 2/3 of college students experience sexual harassment

## The Process & Ways to get Physical and Emotional Help

Your Process may involve:

- Student report form
- Contact with Safe School Officer
- Possible meeting with counselor, administrators, perpetrator, victim.
- Possible parent contact

Physical help may include:

- Medical treatment
- Rape Kit

Emotional support may include:

- Individual counseling or therapy
- Peer group support

