

Starr King K-8 School

<http://www.sanjuan.edu/starring>

Dear Starr King Families,

We are missing you!! We are here for you!! Please do not hesitate to reach out with questions or concerns.

Housing Resource

If you are experiencing housing struggle paying rent/ possible eviction due to Covid-19, please visit the following site;
<http://www.cityofsacramento.org/Community-Development/Code-Compliance/Tenant-Protection-Program>

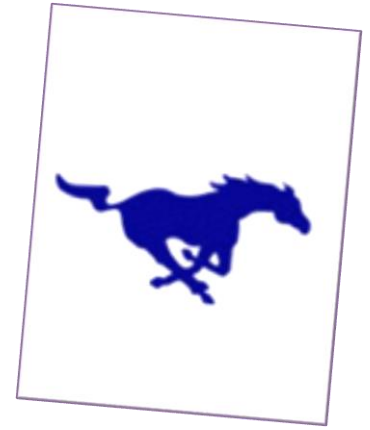
Food Resource

Please see link below to current food banks in your area. Sacramento food bank is updating list regularly;
<https://www.sacramentofoodbank.org/find-food>

You may also call (916) 456-1980 8am-4pm M-F for assistance (se habla español).

Unemployment Resource

If you have recently lost employment due to Covid-19 please click on following link;
https://www.edd.ca.gov/about_edd/coronavirus-2019.htm



Support Staff Contact

Angelica Anaya,
School Social Worker
angelica.anaya@sanjuan.edu
Phone: (916) 572- 8079

Ruben Lizarraga,
School Social Worker
ruben.lizarraga@sanjuan.edu
Phone: (916) 281-9793

Additional Resources

San Juan Unified-
<https://www.sanjuan.edu/covid19>

211-
<http://www.211sacramento.org/211/>

More Important News

Covered California-

Service that connects Californians with brand name health insurance (discounted depending on income) or Medical has been reopened due to Covid-19. Applications will be accepted through June 30, 2020. This can be completed online <https://www.coveredca.com/medi-cal> or by calling (800)300-1506.

Please note: Medical is not canceling coverage for those that have not reapplied- there is a 90 day grace period.

Mental Health Resources-

If you or your child(ren) are experiencing a mental health crisis please visit the following;

Mental Health Urgent Care Clinic- (916) 520-2460
2130 Stockton Blvd, Building 300 , Sacramento, CA 95817
Weekdays 10AM- 10PM
Weekends 10AM- 6PM

Explaining Covid-19 to children-

If you would like a child friendly way to explain Covid-19 to children, please see following link,
<https://www.mindheart.co/descargables>



Additional Mental Health Resources

Sacramento County Crisis Line-

(916) 875-1000

National Lifeline-

(916) 368- 3111 or
(800) 273- 8255

Access- County Mental Health Referral

(916) 875- 1055
M-F 8AM- 5PM