Pursuant to Education Code section 49475, before a Student may try-out, practice, or compete in any District-sponsored extracurricular athletic program, including interscholastic, intramural, or other sport or recreation programs (including cheer/dance teams and marching band), but excluding physical education courses for credit, the student and parent/legal guardian must review and execute this Concussion and Head Injury Information Sheet. Once signed, the Sheet applies to participation in the Summer Sports Program and is applicable to all athletic programs within the Summer Sports Program in which the Student may participate.

**IMPORTANT INFORMATION REGARDING CONCUSSIONS**

If a Student is suspected of sustaining a concussion or head injury during an athletic activity, the Student shall be immediately removed from the activity. The Student will not be allowed to resume any participation in the activity until he/she has been evaluated by a licensed health care provider (MD or DO for CIF-governed interscholastic sports; MD, DO, nurse practitioner, or physician’s assistant for all other sports/athletic activities), who must affirmatively state (1) that he/she has been trained in concussion management and is acting within the scope of his/her licensed medical practice, and (2) the student has been personally evaluated by the health care provider and has received a full medical clearance to resume participation in the activity. By law, there can be no exceptions to this medical clearance requirement.

Depending on the circumstances of a particular practice or game, a supervising referee/umpire, coach/assistant coach, athletic trainer, or attending health care provider may determine that a student should be removed from an activity based on a suspected or potential concussion or head injury. The following guidelines will be used: (1) in the case of an actual or perceived loss of consciousness, the student must be immediately removed from the activity; (2) in all other cases, standardized concussion assessment tools (e.g., Sideline Concussion Assessment Tool (SCAT-II), Standardized Assessment of Concussion (SAC), or Balance Error Scoring System (BESS) protocol) will be used as the basis to determine whether the student should be removed from the activity. For the safety and protection of the student, once a supervising individual makes a determination that a student must be withdrawn from activity due to the potential existence of a concussion or head injury, no other coach, player, parent or other involved individual may override this determination.

Once a student is removed from an activity, the parent/guardian should promptly seek a medical evaluation by a licensed health care provider, even if the student does not immediately describe or show physical symptoms of a concussion (headache, pressure in the head, neck pain, nausea or vomiting, dizziness, blurred vision, balance problems, sensitivity to light or sound, feeling “slow,” “foggy,” or “not right,” difficulty with concentration or memory, confusion, drowsiness, irritability or emotionality, anxiety or nervousness, or difficulty falling asleep). If the student reports or shows any of these symptoms, immediate medical care should be obtained. If a parent or legal guardian is not immediately available to make health care decisions, the District reserves the right to have the student taken for emergency or urgent evaluation or medical care in keeping with the authorization contained in the Agreement for Team Participation.

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<th>Dated:</th>
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<tr>
<td>Student:</td>
<td>Adult:</td>
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<td>Signature:</td>
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**SPORTS SCHOOL ADMINISTRATION**

Mark Sutherland, Sports School Coordinator
2015 SUMMER SPORTS SCHOOL
The San Juan Unified School District sponsors a carefully planned program of sports and physical fitness activities for boys and girls. This program will be scheduled this year at the Carmichael Campus. Past years have shown this program to be best suited to students in the 8 to 13 years old age group. Parents will receive a written report for each student showing progress made during the Sports School Program. Categorization activities may be offered the last week of the program. The instructional phase of the program will offer special guidance and training in the following:

Program I
Program for Boys & Girls ages 8 to 10
SKILLS AND DEVELOPMENT OF PHYSICAL FITNESS
- Track and Field
- Endurance
- Soccer
- Strength, Balance, Speed & Power
- Wrestling
- Rhythmic and Gymnastics
- Sports Fundamentals
- Flag Football
- Track and Field

Program II
Program for Boys & Girls ages 11 to 13
SKILLS AND DEVELOPMENT OF PHYSICAL FITNESS
- Basketball
- Softball
- Basketball (flag)
- Soccer
- Gymnastics**
- Team Strategies
- Sportsmanship
- Swimming
- Wrestling**
- Strength & Conditioning

*Daily Activities Offered upon sufficient enrollment**

RECOMMENDED CLASS UNIFORM (not required)

All articles should be ideally labeled with student’s name.
- Athletic Shorts
- Water Bottle
- Athletic Sweat Socks
- Gym Shoes

Clothing articles advertising alcohol or tobacco products are not allowed.

DAILY HOURS
8:30 a.m. to 12:00 p.m., Monday - Thursday

PROGRAM DATES
Five Weeks
June 15—July 16, 2015

LOCATION
Del Carmen Unified School District
3738 Walnut Avenue, Carmichael, CA 95609

T-SHIRTS: We will provide a t-shirt stenciled with our sports school logo on the front. They will be delivered to the students during the first week of the program.
SHIRTS MAY NOT BE PROVIDED TO STUDENTS SIGNING UP AFTER JUNE 18, 2015. Please be certain of the student's t-shirt size as there will be no exchanges.

T-Shirts
- Adult Small
- Adult Medium
- Adult Large
- Adult X-Large
- Youth Medium
- Youth Large

(This continued from previous page). Injuries might also arise from undiagnosed, improperly diagnosed, untreated, or improperly treated actual or potential injuries, whether or not caused by the Student's participation in Sports School. All such risks are deemed to be inherent to the Student’s participation in Sports School. By this Agreement, the Student and Adult are deemed to fully assume all such risks and, in consideration for the right of the Student to participate in Sports School, understand and agree that to the fullest extent allowed by law they are waiving and releasing any potential future claim they might otherwise have been able assert against the District, or any Board Member, employee, agent or volunteer of the District ("Released Parties") by or on behalf of the Student or any parent, administrator, executor, trustee, guardian, assignee or family member.

2. The student's family must be receiving some form of public assistance (TANF, food stamps, free/reduced lunch program, unemployment comp., general assistance, etc.)

3. If you believe you qualify for a sponsorship, please contact the Sports School office at (916) 971-7575.

4. If you believe you qualify for a sponsorship, please contact the Sports School office at (916) 971-7575. A $25.00 processing fee will be assessed in order to process your refund request. Please allow 4 weeks to receive your refund check. Due to the fact that we hire staff based on our total enrollment, we are unable to pro-rate fees for partial participation.

5. Employees, agents or volunteers of the District, members of the press or media, or other persons who may attend or participate in Sports School, may photograph, videotape, or take statements from the Student. Such photographs, videotapes, recordings, or written statements may be published or reproduced in a manner showing the Student's name, face, likeness, voice, athletic or appearance to third parties, including, without limitation, websites, television, motion pictures, film, newspapers, yearbooks, and magazines. Such published or reproduced items, whether or not for a profit, may be used for security, training, advertising, news, publicity, promotional, informational, or any other lawful purpose. The Adult hereby authorizes and consents to any such publications or reproductions, without compensation, and without reservation or limitation.

6. The Adult agrees to provide updated medical information during the course of the Student's participation in Sports School. If an injury or medical emergency occurs during Sports School, District employees, agents or volunteers has the Adult's express authority to conduct diagnostic or anesthetic procedures, and/or to provide medical care or treatment (including surgery), as they may deem reasonable or necessary under all existing circumstances. All costs and expenses associated with such care are solely the Adult's responsibility.

7. As the Student, I understand and agree to all of obligations placed on me by this Agreement.

8. This Agreement shall be governed by the laws of the State of California. This Agreement is to be broadly construed to enforce the purposes and agreements set forth above, and shall not be construed against the Released Parties solely on the basis that this Agreement was drafted by the District. If any part of this Agreement is deemed invalid or unenforceable, all other provisions shall remain in force. No oral modification of this Agreement, or change or modification of its terms by subsequent oral or written statements is allowed. This Agreement contains the sole and exclusive understanding of the parties, with no other representation relied upon by the Adult or Student in regard to the scope or intent of this Agreement; (5) I, AS A PARENT OR LEGAL GUARDIAN, HAVE THE RIGHT AND AUTHORITY TO ENTER INTO THIS AGREEMENT, AND TO BIND MYSELF, THE STUDENT, AND ANY OTHER FAMILY MEMBER, PERSONAL REPRESENTATIVE, ASSIGN, HEIR, TRUSTEE, OR GUARDIAN TO THE TERMS OF THIS AGREEMENT; (6) I HAVE EXPLAINED THIS AGREEMENT TO THE STUDENT, WHO UNDERSTANDS HIS/her OBLIGATIONS.

Printed Name of Parent/Guardian:
Signature:
Date:
As the Student, I understand and agree to all of obligations placed on me by this Agreement.
Printed Name of Student:
Signature:
Date:

RETURN THIS FORM TO: SPORTS SCHOOL/SJUSD, P.O. BOX 477, CARMICHAEL, CA 95609

REGISTRATION FORM AND AGREEMENT FOR PARTICIPATION IN THE 2015 SUMMER SPORTS SCHOOL

[Including Waivers and Releases of Potential Claims and Statement of Other Obligations]