Sacramento County Head Start/Early Head Start

Annual Report 2010/2011

Success is a journey, not a destination.

Ben Sweetland
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SETA Head Start, along with its five delegate agencies, has delivered Sacramento County Head Start programs since 1981. Together, we are funded to serve more than 7,690 families and their children, birth to five years of age, each year. We offer services in 122 locations countywide, making it convenient for families to access care. This year we are excited to celebrate 30 years of service to our community.

Sacramento County Head Start/Early Head Start programs are dedicated to providing the highest quality comprehensive services with a continued commitment of excellence in child development, school readiness, health, nutrition, mental health, and family support services. It is our priority to serve children in poverty, foster care, homeless shelters, and those with special needs.

Mission

The SETA Head Start program’s mission is to improve the lives of low-income children by providing quality comprehensive child development services that are family focused, including education, health, nutrition and mental health.

SETA’s mission is accomplished by involving parents in the total operation and administration of the program and supporting the growth of children, families and staff through encouragement, nurturing, education, and empowerment.

Philosophy Statement

The Head Start philosophy rests on four basic principles:

1. A child can benefit most from a comprehensive, interdisciplinary program to foster normal development and remedy problems.

2. Parents are the primary educators of the children and must be directly involved in the program.

3. The well-being of children is inextricably linked to the well-being of the entire family.

4. Partnerships with other agencies and organizations in the community are essential to meeting family needs.
On behalf of the Sacramento Employment and Training Agency, I am pleased to share Countywide results for Program Year 2010-2011. It has been a busy and exciting year for Head Start/Early Head Start with expansion services continuing in the Sacramento community. Through the vigorous efforts of our staff, delegate agencies and partners, we continue to provide exceptional services for the most vulnerable families and their children in Sacramento County.

We are proud of our challenges and our accomplishments. Both provide an opportunity to be a stronger program. One of the most notable events for 2010-2011 was SETAs triennial Office of Head Start monitoring review. In January 2011, Sacramento County welcomed twenty-three federal reviewers for a two-week intensive review process. The results were remarkable. Head Start teachers scored higher than the national average in all areas of the Classroom Assessment Scoring System; celebrating positive teacher-child interactions in the classroom. Parent involvement activities offered engaging and results-oriented family outcomes. Performance Standards were met and exceeded routinely; showcasing the high quality comprehensive services Sacramento County Head Start/Early Head Start programs are known to provide. While there is always room for continued improvement, we are committed to taking all required steps to keep the momentum rolling.

We hope you enjoy the information contained in the 2010-2011 Annual Report. For more information, please visit our website at www.headstart.seta.net.

Denise T. Lee
Deputy Director
SETA Celebrates 30 Years

1981 - SETA Head Start budget is $2.9M, serving 320 children/families at 6 centers with 63 staff members.

1984 - The federal Head Start budget exceeds the $1B mark and the number of children served since the beginning reaches 9,144,900.

1985 - SETA launches full day services for families. Expands to 17 centers and serves 612 meals daily.


1991 - SETA expands services to include 394 children/families with a $6.4M budget and serves 918 meals daily. SETA partners with CDE.

1995 - SETA awarded the first Early Head Start funding and expands preschool services. Special outreach to serve homeless families.

1997 - SETA extends hours of operation and days of service meeting needs of working families.

1999 - SETA Head Start continues expansion with a $34M budget, offering year-round services and 11 hour days.

2000 - Head Start celebrates 35th Anniversary and marks five-year period of expansion in services. Teacher qualifications increase.

2005 - SETA serves 5,389 children/families with a $52M budget and increases services focused on education and health services.

2009 - SETA is awarded American Recovery and Reinvestment Act (ARRA) funds to expand services. Partnerships form with Sacramento County Office of Education and River Oak Center for Children.

2011 - SETA continues to thrive in Sacramento County, serving 7,690 children/families with five delegate agencies and two partners.

Children Served

2010-11
Families Served : 7,690
Medical Screenings: 7,447
Oral Health Checks: 7,217
Immunizations: 7,617
Volunteers: 5,066
## Budgets

### 2010-2011 Budget

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Head Start</th>
<th>Early Head Start</th>
<th>Expansion</th>
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*Budget includes approximately $3.3 M in one time funds for program improvement and ARRA projects.

### 2011-2012 Projected Budget

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<th>Total</th>
<th>Head Start</th>
<th>Early Head Start</th>
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<td>San Juan Unified School District</td>
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<td>Twin Rivers Unified School District</td>
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<td>Women’s Civic Improvement Club</td>
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<tr>
<td>Donations/Parent Volunteers</td>
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Note: Other funding sources include some or all of the following: California Department of Education, including CCTR, CCRR, CSPP, CIMS, and CCAP, Power of Parenting, School Readiness, Title I Preschool, State Preschool Family Literacy, First 5, CAISAFE, Early Reading First, CACFP

## Projects

### School Site Enhancements
- Landscape — 6 Centers
- Flooring Replacement — 15 Centers
- HVAC Replacement — 4 Centers
- Paint — 12 Centers
- Playground Equipment — 13 Centers
- Restroom Upgrade — 3 Centers
- New Modular Building — 2 Centers
- Disaster Food and Supplies — 32 Centers
Carl Jackson
Mr. Jackson’s two children attended SETA Head Start. As a parent Mr. Jackson volunteered in the classroom building self-esteem and encouraging each student through reading and helping with projects. “I can honestly say the SETA Head Start program and [staff] really helped me to solidify part of my job description in regard to making a difference and really touching someone’s soul.”
Population (continued)

Languages: Forty-three percent of the children in the Head Start program live in a family that speaks a primary language other than English. The majority of these children, 32% of those enrolled in the program, speak Spanish at home. Another 7% of children live in families that primarily speak an East Asian language (e.g., Chinese, Vietnamese, Tagalog), while 2% primarily speak Middle Eastern or South Asian languages (e.g., Arabic, Hebrew, Hindi, Urdu, Bengali). The remaining 2% of families speak primarily Slavic, African and Pacific Islander languages.

Single Parents: Of the 7,690 families served during the 2010-11 program year, a majority, 52%, were single-parent households.

Income and Homelessness: 36% of the families in the Head Start program receive cash benefits or other services under the Federal Temporary Assistance for Needy Families (TANF) Program. A smaller percentage, 6%, or 472 families, receives Supplemental Security Income. Nearly a quarter of families in the program, 2,217 or 29%, received emergency or crisis intervention services for immediate needs such as clothing, food, or shelter. During the 2010-11 program year, 211 families (3%) experienced homelessness.

Parents at Work

48% of families have two parents in the home. Of these families the following are employment statistics:

- 10% have two parents working
- 62% have one parent working
- 28% have both parents unemployed

Precious

Precious entered Head Start after struggling with behavior issues and being let go from two private preschools. Precious was born of a mother with addiction and psychological problems and was adopted by a loving family. Head Start provided warm and caring services with referrals to assist with her challenges. Precious, as described by her mother is now a “well rounded, socially acceptable fifth grader who ran for student body president!”
The following is a summary of notable accomplishments in 2010-11:

**Mentor Teacher Program:** This project filled the gap in professional development resources and led to career development for teachers, improved quality of teaching, and sustained significant outcomes for children. Teachers received consistent and systematic coaching that assisted in better assessment and understanding of children’s development in learning. Areas of mastery were curriculum development and implementation, assessment, Head Start Child Outcomes Framework, CLASS tool with instructional support and classroom management.

**Teaching Degree Attainment:** Teachers received ongoing professional development and tuition reimbursement opportunities to attain their teaching degree and credential.

**Family Literacy Involvement Program (FLIP):** FLIP is a tool used to help parents increase their children's literacy skills. Monthly, each family received a book with an activity sheet to do at home with their child to enhance the reading experience. Parents spent a total of 415.85 hours of reading to their children through our FLIP program. Children with supportive home learning environments showed increased literacy, better peer interactions, fewer behavior problems and more motivation and persistence.

**Parent/Kinship Conference:** In celebration of parents and grandparents who are raising children, Head Start hosted a Parent/Kinship Conference. The annual conference provided a forum to receive cutting-edge information, resources and networking opportunities with other Head Start and Kinship families. Mayor Kevin Johnson, a strong supporter of the Head Start program, was the keynote speaker for the 2011 Parent/Kinship Conference. Head Start is working with the Mayor’s initiative Sacramento READS! to increase school attendance rates, improve literacy rates, especially by the third grade, and to increase summer learning opportunities. Studies show attendance is positively associated with kindergarten readiness and increased reading proficiency at the 3rd grade level. Parents and staff are working on ways to increase the level of attendance in Head Start and Early Head Start classrooms.
Accomplishments (continued)

Disaster Preparedness Plan: The Program Support Services Unit, charged with the safety of the SETA Operated Programs, developed a comprehensive center specific disaster plan. The plan was disseminated through training to each center. Over 300 center staff, home base educators and food service workers were included in the training. Each center received a customized information binder to address issues for their specific center. Community partnerships were developed allowing for off-site evacuation.

Dental Exam Outreach: Head Start routinely provides dental check-ups to students. In 2010-11, 22 children were referred to dentists for services. Of those children, 12 received services through Head Start funding as the “payer of last resort” averaging $724 per child. This amount is a 50% decrease from services funded in 2008-09. This decrease has been attributed to the comprehensive care and education parents and children get throughout the year.

Disability Services: Head Start is committed to working with families to ensure that their children, including those with significant disabilities, receive the comprehensive services they need to meet their developmental, health, and social needs. In addition there is a commitment to continuously meet and exceed the mandated 10% of enrollment opportunities for children with disabilities.

Educators

Number of Teachers
Degreed Teachers: 270
- AA degree: 99
- BA or higher: 171

Charisma

“Before my daughter attended [Head Start] she did not know her letters and her name. She did not even speak English at the time she enrolled in [Head Start]. Now she knows her letters, she knows her name, and she knows how to interact with peers and her teachers. My daughter loves going to [Head Start] because she loves her teachers and her friends there.”

Len Sao, Dad
**Head Start** uses the Desired Results Developmental Profile (DRDP) to assess the children at the beginning of the school year, and again at the end of the year. Across all areas of development Head Start children reached developmental milestones seven to 12 months earlier than children without preschool experience.

**Younger is Better -- SETA’s Impact**

Expected Age at Which a Typical Child Enrolled in a Seta Head Start Program Reaches the “Developing” Developmental Level on the DRDP©

<table>
<thead>
<tr>
<th>Area</th>
<th>With Preschool as a 3-year-old</th>
<th>Without Preschool as a 3-year-old</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mathematical Development</td>
<td>3 years 10 months</td>
<td>4 years 11 months</td>
</tr>
<tr>
<td>Language and Literacy Development</td>
<td>3 years 10 months</td>
<td>4 years 10 months</td>
</tr>
<tr>
<td>Cognitive Development</td>
<td>3 years 9 months</td>
<td>4 years 4 months</td>
</tr>
<tr>
<td>Self and Social Development</td>
<td>3 years 9 months</td>
<td>4 years 6 months</td>
</tr>
<tr>
<td>Physical Development</td>
<td>3 years 1 month</td>
<td>3 years 8 months</td>
</tr>
<tr>
<td>Health</td>
<td>3 years</td>
<td>4 years</td>
</tr>
<tr>
<td>English Language Development</td>
<td>3 years 2 months</td>
<td>4 years 4 months</td>
</tr>
</tbody>
</table>

**Parent Success**

**Ashley Freeman**

“Becoming a mother at 18 was not something I saw for myself, but life can change directions. Once I had my daughter, I knew that I had to be successful, for both of us. The Early Head Start (EHS) program helped me with that. I was able to receive free childcare while I finished my education and worked. They provided a safe and clean learning center, friendly staff, and nutritional meals.”
School Readiness (continued)

Early Childhood Mathematics: Head Start recognizes and values the importance of ensuring that our children are prepared for mathematics in Kindergarten. SETA collaborates with UC Berkeley and WestEd on two research projects funded by the U.S. Department of Education, Institute for Educational Services, to examines the effects of a preschool mathematics intervention that is designed to improve children’s mathematical knowledge by the end of the pre-kindergarten year.

![Math Results](chart.png)

- Children who participated in the mathematics intervention gained more mathematical knowledge over the course of the school year than children who did not participate.
- Over 87% of parents participated using the home activities of the curriculum.
COUNTY

SETA Head Start provides services throughout the greater Sacramento area. With 122 centers, 7,690 families are served in the most diverse and challenging neighborhoods. Centers range from elementary schools, remodeled homes, portable buildings, churches, and apartment complexes. With the flexibility of services, Head Start is able to reach some of the most underserved and vulnerable populations.

PARENT SUCCESS

Norma Vazquez
“...Then I got involved as a representative for my site on the Parent Advisory Committee (PAC) and my world changed. Being on PAC gave me more confidence, which lead me to a job and a future”...”What I remember most about my family’s experience is that the Head Start staff would always help me. [Staff] were always there to help when I needed it. I always received resources and information in my own language (Spanish) so I could truly understand services available to me.”
## Board Members, Delegate Agencies, and Partners

### SETA Governing Board Members

| Don Nottoli | Bonnie Pannell | Jay Schenirer |
| Supervisor | Councilmember | Councilmember |
| County of Sacramento | City of Sacramento | City of Sacramento |

| Sophia Scherman, | Jimmie Yee |
| Public Representative | Supervisor |
| | County of Sacramento |

### Policy Council Executive Committee

| Conventry St. Mary | Rebecca Lewis | Lisa Daniels |
| Chair | Vice-Chair | Secretary |

| Socorro Gutierrez | Mary Brown | Parliamentarian |
| Treasurer | |

### Parent Advisory Committee Officers

| Mary Brown | Tamara Knox | Connie Wallace |
| Chair | Vice Chair | Secretary |

| Socorro Gutierrez | |
| Treasurer | |

### Delegate Agencies/Partners

SETA would like to thank the delegate agencies and partners for their dedication to children and families in Sacramento County.

<table>
<thead>
<tr>
<th>Elk Grove Unified School District</th>
<th>River Oak Center for Children</th>
<th>Sacramento City Unified School District</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Sacramento County Office of Education</th>
<th>San Juan Unified School District</th>
<th>Twin Rivers Unified School District</th>
</tr>
</thead>
</table>

| | Women’s Civic Improvement Club | |

### Child Success

**Dailashea**

“...The program (Head Start) has helped academically as well as developmentally because all my children that are in elementary school are doing well and seem to get along with their teachers. For example, when Dailashea started the program she had a speech impairment. Head Start helped me not only to get a diagnosis for her but made sure she received the services she needed. Now she speaks clearly and excels at school.”

**Mom**
Kathy Kossick
Executive Director

Denise T. Lee
Deputy Director

SETA Head Start
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Sacramento, CA 95815