Important Dates:

March 18-21: 6th Grade to Monte Toyon
March 18: School Site Council mtg, 2:45PM, Room 6
          Family Game Night, 6:30PM
March 19: DREAM Mtg., 7:00PM
          Agenda Item:
          Presentation of the SJUSD Local Control Accountability Plan
March 21: AM Kdg. Dr. Yee 9:45AM
          PM Kdg. Dr. Yee 12:00PM
March 22: Deterding Talent Show & Spaghetti Feed
          5:00PM–9:00PM
March 25: Mr. Dozet & Students
          Appear on Good Day Sacramento; 6:30AM
March 26: Rm. 15 & 17 to B St. Theatre
March 27: 1st Grade Weather Show, 6:30PM
March 28: RL Visitation, 8:15-9:15AM
Picture Day!

Parent Volunteer
Stacy Boyd volunteers in Kindergarten every week helping with small groups and motor development. She is always available to come in and help at the last minute and the kids love her! Her sons are Owen, Mrs. Thuet’s class, and Austin, Mrs. Harris’ class. Thank you Stacy!

Student Volunteer
Girl Scout Troop 867, Abby Rochford, Addy Marlin, Austen Mayfield, Elizabeth Forgang, Jackie Cameron, Jillian Munson, Lilly Miller, Madeline Lee, and Natalie Tapia spent the weekend cleaning and prepping the sheds up on the hill. They will be painting murals on them in the near future. Thank you Troop 867!

Honesty Characters!
The students below were recognized for displaying honesty throughout the month of February. Mrs. Mellerup presented them with a T-shirt and a treat. Emma Yao, Tarik Kitovnica, Finley Younger, Nathaniel Whitmire, Luke Elmore, Braden McEfee, Cooper Larsen, Jessica Perez, David Petrosyan, Ann Vu, Aiden Thowtho, Zoey Haubeck, Timothy Jung, Alice Lee, Aurora Gaither, Livia De Vries, Jake Lillie, Evnika Zelinska, and Isabel Friedman.

Butter Braid Fundraiser
The 6th grade Butter Braid sale started on March 3rd. Orders will be accepted through March 21st and delivered on March 26th. This is our final push to raise money so that all 6th grade students have the opportunity to participate in the Monte Toyon field trip!
**DREAM Family Game Night**
Join us for a fun evening of board games and more on Tuesday, March 18th @ 6:30PM in the MP Room. Girl Scout cookies and lemonade will be served. This **FREE** event for all Deterding families is sponsored by DREAM.

**2014 Deterding Talent Show & Spaghetti Feed – Saturday, March 22nd**
Reserve your seats for the much-anticipated Talent Show and Spaghetti Feed. The Talent Show is a fun family event with featuring our amazing Deterding students. This year’s event will be moving to the beautiful MP Room at Christ Community Church. Dinner includes all you can eat spaghetti, salad, garlic bread and dessert. All proceeds help support the arts and education programs at Deterding. Tickets are on sale now at [www.deterding.org](http://www.deterding.org).

**Paint a Masterpiece – Ceramics Workshop**
DREAM is sponsoring an after-school ceramics workshop in the MP Room on Tuesday, April 8th from 2:30 pm - 4:00 pm. Representatives from Alpha Fired Arts will be available to help students glaze their platters in the style of Wayne Thiebaud’s gumball machines. What a perfect Mother’s Day gift! **All ages are welcome — including parents & siblings!** (We also need parent volunteers to help with setup at 1:30 pm and during the workshop.) To reserve your spot online visit: [www.deterding.org/dream-store/ceramics](http://www.deterding.org/dream-store/ceramics)

**Jog-a-Thon is now the DREAM Run**
Thursday, April 10th, Deterding will host our inaugural DREAM Run, formerly known as the Jog-a-Thon. We have set a goal of raising $15,000 this year! New this year... Every student, staff member, and volunteer will receive a **FREE** DREAM Run t-shirt to be distributed on the day of the run by their classroom teacher. If you own or work at a business that would like to receive some great local advertising, please consider sponsoring the DREAM Run. Families can also show their support by becoming Family Sponsors. Check your Weekly Envelope on March 24th for your Student Run packets. To learn more, visit: [www.deterding.org/dreamrun](http://www.deterding.org/dreamrun)

**DREAM Run Business & Family Sponsors**
Thank you to the following businesses & families for their sponsorship of Deterding’s DREAM Run on April 10th! We appreciate your support of Deterding’s education and arts programs!!!

**Platinum Sponsors**
Scott Realty Consultants

**Gold Sponsors**
The Groeschel Family
The MeCey Family

**Bronze Sponsors**
The Brown Family
The Tapia Family

To learn more about becoming a Business & Family DREAM Run Sponsor, visit: [www.deterding.org/dreamrun](http://www.deterding.org/dreamrun)

**Weekly Envelopes**
On January 21st, we started our Weekly Flyer Envelope program. Envelopes go home every Monday with your oldest student. Be sure to check the envelope for the school news and all flyers for the week. Make sure to return your envelope to school so that we can fill it up again. You can also download each week’s contents on our website at: [http://www.sanjuan.edu/Deterding.cfm](http://www.sanjuan.edu/Deterding.cfm)

**Preschool & Kindergarten Kickoff/Health Fair – Saturday, April 5th 10AM-1PM**
San Juan Central, 3700 Garfield Avenue
San Juan Unified’s Fourth Annual Preschool & Kindergarten Health Fair is gearing up for another fabulous year of fun in the sun! This event offers a variety of services to more than 300 parents and children including information about school readiness, health, child development, community resources, and health screening services such as vision, hearing, blood pressure, height and weight. Families will be able to obtain information about enrolling in preschool programs and meet with agencies that provide health and social services. In addition to these resources, a variety of family friendly activities will take place including live entertainment, educational workshops and much more. The first 300 participants will also receive a free lunch!
Reserve your seats now!

2014 DETERDING TALENT SHOW & SPAGHETTI FEED

S A T U R D A Y
March 22, 2014

Dinner includes all you can eat spaghetti, salad, garlic bread & dessert.

Proceeds benefit: DREAM (Deterding Resources for Education, Arts & Music)
- supporting the arts and education at Deterding Elementary School
  www.deterding.org

Featuring Vocal Performances, Dancing, Music & More!

Christ Community MP Room
5025 MANZANITA AVENUE
CARMICHAEL
CALIFORNIA 95608

DINNER & LIVE ENTERTAINMENT

DOORS OPEN @ 5:00 PM
DINNER STARTS @ 5:30 PM
TALENT SHOW @ 6:00 PM
EVENT ENDS @ 9:00 PM

ALL AGES ARE WELCOME!
BRING YOUR FAMILY, FRIENDS, & NEIGHBORS

$15 Adults • $10 Children (12 & Under) until March 21st
$20 Adults • $12.50 Children at the door
Soft Drinks, Water & Popcorn • $1/each available for purchase on-site
(See Reverse for Order Form)
Order Form - Return to School by March 21st

Talent Show Tickets & Raffle

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Total Amount Due $__________

Doors open at 5 pm. Your tickets will be emailed directly to you. If you order additional raffle tickets in advance, you will receive them when you check-in.

Save time! Order your tickets online at www.deterding.org.

Thanks for supporting the arts & education at Deterding Elementary School!
March 14, 2014

Dear Parents,

Announcing Deterding’s First Annual Oral Language Fair!

This oral language competition is for all students at Deterding. All student performances will address the theme “The Colors of My World”. Students may compete as an Individual—performing a famous work of poetry/prose by one person or as a Choral Speaking/Verse Choir—performing a famous work by 3 or more students.

This is a great opportunity for students, school staff, parents, and community members to see excellence in our school. The Oral Language Fair also ties in with many of the Common Core Standards in the areas of reading, writing, speaking and listening. It gives students the opportunity to relate to text in a more in-depth way.

The fair begins in the classroom with students choosing a poem to memorize and perform in their classroom. Students should practice at home and prepare to present in their classroom. Classroom teachers will be setting a presentation date for their classroom. Teachers will be the judges in their classroom using a rubric to give students a final score. The top-ranking student from each class will perform in the evening showcase held Tuesday, April 22, 2014.

The theme “The Colors of My World” can include poetry about colors as well as poems about the many types of people in our world. All selections performed for the Oral Language Fair should relate to this theme. In some cases it may be necessary for the performer(s) to add a brief introduction to their piece, making its connection to the theme more obvious.

Be sure to look over the Oral Language Fair rules and judging criteria so you will be prepared for your performance. You can find your “famous work” from the library (public and school), lyrics from songs, speeches, and excerpts from autobiographies.
Oral Language Fair Rules

- No props.
- No costumes.
- No signing (rap is accepted).
- No special effects.
- No music.
- No coaching children during the competition.
- Selections must be related to the theme.
- Selections must be memorized.
- Both the title and author must be stated.
- Recitals must fall between the minimum and maximum time limits.

Time begins with the first word of the poem or speech. Starting over is only permitted if the time allotment is not exceeded.

- 30 seconds - 3 minutes for grades K-3
- 45 seconds - 5 minutes for grades 4-6

- All decisions of the judges are final.
- Only site coordinator and judges shall have access to scores.
- Family member of participants may not serve as judges.

Additional Rules for Choral Speaking

- Groups must contain at least 3 students.
- After the introduction, there may be no solo voices.
  (At least 2 voices going at all times)
- Students may not dress alike.
- A student may not perform the same piece in a group and as an individual. Children performing in more than one category must use a different piece for each performance.
- Six points will be deducted from the total score for each violation.

Students who are coached by a teacher and/or parent during the performance will not place.

Judging Criteria
1. Quality of the Selection (10 points)
   - Relates to the theme, “Colors of My World”
2. Quality of the Speakers (10 points)
3. Quality of Interpretation (10 points)
4. Stage Presence (10 points)

The Oral Language Fair is a fun way to celebrate our wonderful children during Poetry Month. Have fun!
Dear Deterding Parents and Friends:

The Deterding 3rd Grade classes are beginning a See’s Candies fundraising sale. We chose See’s because of its fine reputation for quality.

Since all of 3rd Grade students will benefit from our fundraiser, we would greatly appreciate everyone’s candy orders. So please, help our 3rd Graders by taking orders from friends, relatives, neighbors and co-workers.

**Dates to Remember:**

- **March 17th**  **Sale Starts**
- **March 28th**  **Sale Ends** (All order and money must be turned in)
- **Week of April 7th**  **Candy will be available for delivery to your customers.**

**Helpful Hints:**
1. Fill in the order form completely.
2. Collect money from your supporters when they order. Ask them to make their checks payable to **Deterding**.
3. Verify quantities and monies collected.
4. Put money in the collection envelope.
5. Have questions? Contact Karine Kwasny - **kwasnymail@gmail.com**.

*Thank you for helping to make our fundraiser a BIG success!*
2014 Spring Fundraising Program
Pre-Sell Form

Keep the top section for your records and return the bottom to your coordinator.

Name: ____________________________________________
Organization: ______________________________________

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<th>Customer Name/Phone</th>
<th>Suggested Selling Price</th>
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<td>2.</td>
<td>$6.00 4 oz Chocolate Butter Egg #734</td>
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<td>3.</td>
<td>$6.00 4 oz Bordeaux™ Egg #486</td>
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<td>4.</td>
<td>$18.00 1 lb Nuts &amp; Chews #334</td>
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<td>$6.00 4 oz Easter Bunny Box #179</td>
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<td>$6.00 4.8 oz Marshmallow Eggs #731</td>
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<td>7.</td>
<td>$18.00 1 lb Assorted Chocolates #318</td>
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<td>9.</td>
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Total Quantity of Each Item

TOTAL $

Prices good through April 20, 2014. For additional information, call 800.733.7123.
Excel Photographers will be using a new and creative approach to your child’s school portraits this spring. We will be giving them the freedom to be themselves. Weather permitting, we will be taking these pictures in their natural outdoor school environment. If it is windy or it rains, we will work indoors with your child to create a once in a lifetime portfolio of poses and expressions that will capture the free spirit of your child.

No money is needed on picture day. A set of proofs will be sent home for you to view and order from Excel Photographers (916) 565-1620.
Promotion Portraits will be taken

For All Sixth Graders at Deterding School on Friday March 28th

DRESS TO IMPRESS!

Excel Photographers will be taking a special, once in a lifetime portrait of all students that will be promoting this year to a new school. It will be printed on your certificate of promotion that you will receive at the end of this school year. This is to honor you for all your efforts and accomplishments. Your time at this school will be over too soon and the next level of your education is on the horizon.

4219 S. Market Ct. Suite N.
Sacramento, CA 95834
(916) 565-1620

www.excelphotographers.com
Last week to order Butter Braids to help support the 6th Grade Field Trip to Monte Toyon, Outdoor Science School

Butter Braids are a wonderful and tasty pastry perfect for bake sales, brunch, family gatherings and holidays!

Order forms are due this Friday, March 21st
Butter Braids will be delivered on Wednesday, March 26th

They are delivered frozen so please account for needing to get them in the freezer soon after delivery.

The 6th Grade Thanks you!!!!!!
Crossroads Church in Carmichael  7100 Fair Oaks Blvd., Carmichael, 95608
Located just north of Carmichael Park, between Cypress Avenue and Marconi Avenue. The Church was formerly known as the Carmichael Bible Church. Classes are located inside office building, not main hall. Park towards Fair Oaks Blvd., towards the back of the church.

Classes are Every Thursday
April 3 – June 5
A Total of 10 Weeks
New Students & Stars, Ages 4-6 ............ 5:30-6:10
New Students & Stars, Ages 7-9 ............ 6:15-6:55
New Students & Stars, Ages 10-15 ......... 7:00-7:40

Attire for Cheerleading: Students should wear comfortable clothing; shorts or sweat pants with a t-shirt and tennis shoes. Pom poms are available at class for $20. If desired, you may purchase a uniform (vest, skirt, bloomers & socks) at class.

Hip-Hop Dance!
Thomas Kelly School  6301 Moraga Dr., Carmichael, 95608
From Winding Way, go north on Jan Dr., right on Moraga Dr.

Classes are Every Tuesday
April 1 – May 27
A Total of 8 Weeks
No Class 4/15

All Students, Ages 6-7 ............ 8:15-6:55
All Students, Ages 8-9 .......... 7:00-7:40
All Students, Ages 10-15 ......... 7:45-8:25

Ottomon Elementary School  9460 Ottomon Way, Orangevale, 95662
From Oak Avenue go south on Mountain Ave. / Main Ave. Turn left on Ottomon Way.

Classes are Every Friday
March 28 - May 30
A Total of 8 Weeks
No Class 4/18 & 4/25

All Students, Ages 6-7 ............ 5:30-6:10
All Students, Ages 8-9 .......... 8:15-6:55
All Students, Ages 10-15 ......... 7:00-7:40

Clothing: Wear comfortable clothing, shorts or sweat pants with a t-shirt and tennis shoes. If desired, dance t-shirts are available at class for $10.

Self-Defense & Safety Awareness!
Pasadena Ave School  4330 Pasadena Ave., Sacramento, 95821
From Edison Ave. go north on Norris Ave., turn right on Pasadena Ave.

Classes are Every Wednesday
April 2 – May 28
A Total of 8 Weeks
No Class 4/16

New Students ................. 8:15-6:55
Yellow Belts & Above ... 7:00-7:40

Uniforms for Self Defense: A uniform is highly recommended, and is available throughout the course. All uniforms come with a white belt. Uniforms are $30 (all sizes). Students can wear shorts or sweat pants and a t-shirt.

Class Fees For Each Program: Only $7.00 per lesson if you pay in full, or $8.00 if you pay weekly. There is an $8.00 registration fee paid once per session. Scholarships Available.

Registration: Please register 20 minutes before your class time with the instructor at the location you will be attending or pre-register online at www.ChampionYouth.org. If you miss the first week, you may register 10 minutes before your class up to the fourth week. All students ages 4-15 are accepted. Missed lesson can be made up. Medals will be awarded for perfect attendance.

Self-Defense Students Pay Only $5 per Lesson!

☆ For Other Cities and More Information Please Call (800) 956-6956 ☆

This is not a program of the San Juan Unified School District and San Juan accepts no liability or responsibility for this program.
Champion Youth
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A Nonprofit Organization #58-1959586
www.championyouth.org

Presents

Cheerleading!

Crossroads Church in Carmichael  7100 Fair Oaks Blvd., Carmichael, 95608
Localizada justo al norte del Parque Carmichael, entre las Aves. Cypress y Marconi. La Iglesia se llama Carmichael Bible Church. La clase se encuentra dentro del edificio, no en el Hall. Parquear cerca del Blvd Fair Oaks, detrás de la iglesia.

Clases son Cada Jueves
Abril 3 – Junio 5
Un Total de 10 Semanas

Atienda: Estudiantes pueden usar ropa cómoda, shorts o sudaderas y pantalones con una camiseta y zapatos tenis. Pom poms se pueden comprar en la clase por $20.

BAILE HIP-HOP!

Thomas Kelly School  6301 Moraga Dr., Carmichael, 95608
Desde Winding Way, ir hacia el norte el ene Dr., justo en Moraga Dr.

Clases son Cada Martes
Abril 1 – Mayo 27
Un Total de 8 Semanas
No Hay Clase 4/15

Atienda: Use ropa confortable, shorts o sudaderas con una camiseta y zapatillas de tenis. Si desea las camisetas de baile las venden en clase por $10.

Ottomon Elementary School  9460 Ottomon Way, Orangevale, 95662
De Oak Ave. se turnen en Mountain Ave. / Main Ave. Gira a la izquierda en proponeradamente forma.

Clases son Cada Viernes
Marzo 28 - Mayo 30
Un Total de 8 Semanas
No Hay Clase 4/18 & 4/25

Self-Defense & Safety Awareness!

Pasadena Ave. School  4330 Pasadena Ave., Sacramento, 95821
Desde Edison Ave. ir hacia el norte por Norris Ave., gire a la derecha en la Ave. Pasadena.

Clases son Cada Miércoles
Abril 2 – Mayo 28
Un Total de 8 Semanas
No Hay Clase 4/16

Uniformes: Uniformes son recomendados y estarán disponibles el primer día de clase y a través del curso. Todos los uniformes incluyen un cinturón blanco. Los uniformes cuestan $30 (en cualquier talla). También aceptamos niños y jóvenes en shorts o sudaderas y una camiseta.

Costo de Clase Para Cada Programa:  Solo $7.00 por lección si paga completo por toda la sesión, o $8.00 si paga semanal. La registración es de $8.00 y se paga una vez por de sesión. Becas Obténibles.

Inscripciones: Favor de registrarse 20 minutos antes de que comience tu clase, con el instructor, en la localidad que usted atendrá o inscribirse por adelantado en línea al www.ChampionYouth.org. Si usted perdió la primera semana de clase, puede registrarse 10 minutos antes de la siguiente clase, hasta la 4ta semana. Todos los Estudiantes de 4-15 años son aceptados.

Si faltan a una clase la pueden recuperar la próxima semana tomando una clase después de la otra. Sí darán medallas a alumnos con perfecta asistencia.

Para Otras Ciudades o Más Información Favor De Llamar Al (800) 956-6956 ☆

This is not a program of the San Juan Unified School District and San Juan accepts no liability or responsibility for this program.
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<td>Popcorn Chicken  Whole Grain Biscuit  Green Salad w/dressing  Shredded Cheese  Mixed Vegetables  Baby Carrot Sticks  Chilled Canned Fruit  Orange Smiles</td>
<td>French Toast Sticks  Pork Sausage Patty*  Green Salad w/dressing  Baby Carrot Sticks  Cauliflower Florets  Shredded Cheese  Applesauce  Seasonal Fresh Fruit</td>
<td>Cheese Pizza  Green Salad w/dressing  Savory Diced Turkey  Broccoli Trees  Canned Yellow Corn  Chilled Canned Fruit  Seasonal Fresh Fruit</td>
<td>Chicken Patty Sandwich  Green Salad w/dressing  Savory Diced Turkey  Broccoli Trees  Fresh Vegetable Variety  Chilled Canned Pears  Seasonal Fresh Fruit</td>
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<td>BBQ Chicken Sandwich  Green Salad w/dressing  Shredded Cheese  Celery Sticks  Cherry Tomatoes  Chilled Canned Peaches  Orange Smiles</td>
<td>Cheesy Breadsticks  Broccoli Trees  Baby Carrot Sticks  Seasonal Fresh Fruit  Physeable Crackers</td>
<td>Bean Burrito  Baby Carrot Sticks  Celery Sticks  Seasonal Fresh Fruit  Animal Crackers</td>
<td>Hot Dog on a Bun  Celery Sticks  Fresh Vegetable Variety  Seasonal Fresh Fruit  Fritos</td>
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<td>Nachos with Cheese  Taco Beef Crumble  Peppy Pinto Beans  Green Salad w/dressing  Baby Carrot Sticks  Mild Salsa  Mixed Vegetables  Chilled Canned Fruit  Crisp Apple</td>
<td>Mini Corn Dogs  Green Salad w/dressing  Shredded Cheese  Baby Carrot Sticks  Broccoli Trees  Pineapple Chunks  Orange Smiles  Fritos</td>
<td>Chicken Sticks  Mini Wheat Roll  Green Salad w/dressing  Sweet Potato Fries  Green Peas  Baby Carrot Sticks  Mixed Fruit Cocktail  Seasonal Fresh Fruit  Animal Crackers</td>
<td>Macaroni &amp; Cheese  Green Salad w/dressing  Savory Diced Turkey  Baby Carrot Sticks  Broccoli Trees  Chilled Canned Fruit  Seasonal Fresh Fruit</td>
<td>Cheeseburger  Shredded Lettuce  Canned Yellow Corn  Celery Sticks  Fresh Vegetable Variety  Pineapple Chunks  Seasonal Fresh Fruit</td>
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<td>Turkey Pot Roast  Homemade Mashed Potatoes  Mini Wheat Roll  Green Salad w/dressing  Bean Medley Salad  Zucchini Sticks  Broccoli Trees  Chilled Canned Fruit  Crisp Apple</td>
<td>Chicken Taquitos  Shredded Cheese  Mild Salsa  Shredded Lettuce  Celery Sticks  Pineapple Chunks  Orange Smiles  Gelatin w/fruit*</td>
<td>Cheesy Breadsticks  Marinara Sauce  Green Salad w/dressing  Savory Diced Turkey  Broccoli Trees  Baby Carrot Sticks  Chilled Canned Pears  Seasonal Fresh Fruit</td>
<td>Pepperoni Pizza*  Green Salad w/dressing  Mixed Vegetables  Baby Carrot Sticks  Broccoli Trees  Chilled Canned Fruit  Seasonal Fresh Fruit</td>
<td>Mini Corn Dogs  Green Salad w/dressing  Shredded Cheese  Broccoli Trees  Fresh Vegetable Variety  Chilled Canned Fruit  Seasonal Fresh Fruit  Fritos</td>
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<td>Nachos with Cheese  Taco Beef Crumble  Peppy Pinto Beans  Green Salad w/dressing  Mild Salsa  Mixed Vegetables  Jicama Sticks  Chilled Canned Fruit  Crisp Apple</td>
<td>Free &amp; Reduced-Priced Meals are available online at:  <a href="http://nutrition.sanjuan.edu">http://nutrition.sanjuan.edu</a>  Paper applications are also available:  Central Enrollment Office  Food Services Department Office  School offices and cafeterias  Questions about the meal applications? Call: 971-7035  --------------------------  Meals may be pre-purchased online at:  <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>  Each meal is served with a choice of: 1% Low Fat Plain or Non-Fat Chocolate milk.  Flavored milk has been reformulated to reduce sugar and eliminate high fructose corn syrup.  Items in italics are for salad bar.  *Contains Pork Products  Menu subject to change</td>
<td>WANTED! Substitute Food Service Workers. $10.98 per hour. May be offered 2-4 hours per day. Apply online at <a href="http://www.edjoin.org">www.edjoin.org</a>  --------------------------  Canned vegetables are low sodium. Canned fruits are in juice or light syrup.  --------------------------  More than half of the bread and grain products are whole grain</td>
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<td>Whole Grain Biscuit or Cold Cereal</td>
<td>Breakfast Pizza or Cold Cereal</td>
<td>Cinnamon Roll or Cold Cereal</td>
<td>Cinnamon Apple Breakfast Bar or Cold Cereal</td>
<td>Cheese Omelet &amp; Tortilla or Cold Cereal</td>
</tr>
<tr>
<td>Pork Sausage Patty*</td>
<td>Pineapple Tidbits</td>
<td>Chilled Canned Peaches</td>
<td>Seasonal Fresh Fruit</td>
<td>Applesauce</td>
</tr>
<tr>
<td>Applesauce</td>
<td>Fruit Juice Variety</td>
<td>Fruit Juice Variety</td>
<td>Fruit Juice Variety</td>
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</tbody>
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**NATIONAL SCHOOL BREAKFAST WEEK MARCH 3 - 7**

<table>
<thead>
<tr>
<th>10</th>
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<tbody>
<tr>
<td>Sausage Pancake Rollup* or Cold Cereal</td>
<td>Yogurt &amp; Crumb Square or Cold Cereal</td>
<td>Cinnamon Apple Breakfast Bar</td>
<td>Cold Cereal</td>
<td>Bagel &amp; Cream Cheese</td>
</tr>
<tr>
<td>Applesauce</td>
<td>Pineapple Tidbits</td>
<td>Seasonal Fresh Fruit</td>
<td>Mixed Fruit Cocktail</td>
<td>Chilled Canned Fruit</td>
</tr>
<tr>
<td>Fruit Juice Variety</td>
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**MINIMUM DAYS - PARENT/TEACHER CONFERENCES**

<table>
<thead>
<tr>
<th>17</th>
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</thead>
<tbody>
<tr>
<td>Scrambled Eggs with Turkey Ham &amp; Tortilla or Cold Cereal</td>
<td>Cinnamon Apple Breakfast Bar</td>
<td>Whole Grain Biscuit or Cold Cereal</td>
<td>Cinnamon Glazed Pancakes</td>
<td>Yogurt Parfait</td>
</tr>
<tr>
<td>Seasonal Fresh Fruit</td>
<td>Pork Sausage Patty*</td>
<td>Mixed Fruit Cocktail</td>
<td>Pork Sausage Patty*</td>
<td>-or- Cold Cereal</td>
</tr>
<tr>
<td>Fruit Juice Variety</td>
<td>Chilled Canned Peaches</td>
<td>Chilled Canned Peaches</td>
<td>Chilled Canned Peaches</td>
<td>Orange Smiles</td>
</tr>
<tr>
<td>Fruit Juice Variety</td>
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<td>Fruit Juice Variety</td>
<td>Fruit Juice Variety</td>
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</tbody>
</table>

<table>
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<tr>
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<th>25</th>
<th>26</th>
<th>27</th>
<th>28</th>
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</thead>
<tbody>
<tr>
<td>Crumb Square or Cold Cereal</td>
<td>Breakfast Pizza or Cold Cereal</td>
<td>Sausage Pancake Rollup* or Cold Cereal</td>
<td>Bagel &amp; Cream Cheese</td>
<td>French Toast Sticks</td>
</tr>
<tr>
<td>Chilled Canned Fruit</td>
<td>Chilled Canned Peaches</td>
<td>Cinnamon Apple Breakfast Bar</td>
<td>Applesauce</td>
<td>-or- Cold Cereal</td>
</tr>
<tr>
<td>Fruit Juice Variety</td>
<td>Fruit Juice Variety</td>
<td>Applesauce</td>
<td>Orange Smiles</td>
<td>Seasonal Fresh Fruit</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Bacon</td>
</tr>
</tbody>
</table>

**March 2014**
**San Juan Unified School District**
**Elementary Hot Breakfast**

$1.75

**WANTED! Substitute Food Service Workers.** $10.98 per hour. May be offered 2-4 hours per day. Apply online at www.edjoin.org

Meals may be pre-purchased online at: www.myschoolbucks.com

Free & Reduced-Priced Meals available online at: http://nutrition.sanjuan.edu

WANTED! Substitute Food Service Workers. $10.98 per hour. May be offered 2-4 hours per day. Apply online at www.edjoin.org

*Contains pork products

More than half the bread and cereal products are whole grain.

Canned fruits are in juice or light syrup.

Menus subject to change.

Not all schools serve breakfast.

Flavored milk has been reformulated to reduce sugar and eliminate high fructose corn syrup.

Menus subject to change.

Not all schools serve breakfast.

Each meal is served with a choice of: 1% Low Fat Plain or Non-Fat Chocolate milk.

Menus subject to change.

Not all schools serve breakfast.

More than half the bread and cereal products are whole grain.

Canned fruits are in juice or light syrup.

Menus subject to change.

Not all schools serve breakfast.