San Juan Unified School District Discount and Subsidy
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San Juan Unified School District Discount and Subsidy

1. Who is eligible for the San Juan Unified School District Weight Watchers benefit?

The San Juan Unified School District (SJUSD) Weight Watchers benefit consists of access to special corporate pricing and a 50% company sponsored subsidy.

- San Juan Unified School District employees (including substitutes) are eligible for discounted corporate rates and the 50% company sponsored subsidy.
- All individuals must be 18 years of age or older.

2. How to get started?

Log on to the San Juan Unified School District Weight Watchers Portal at https://wellness.weightwatchers.com. You will need to register with the site by using the SJUSD Employer ID Number 9558347 and Passcode WW9558347. Once logged on, follow the instructions for registration and then choose between:

1. Monthly Pass Membership – Allows access to monthly in-person meetings and unlimited access to all online tools. The discounted monthly fee is $36.50, of which 50% will be subsidized by SJUSD*.

2. Online Subscription – Provides unlimited access to online tools (no in-person meetings are included with this subscription). The discounted monthly fee is $16.10, of which 50% will be subsidized by SJUSD*.

Once you have registered and are ready to choose a plan, you will need your unique SJUSD Employee ID Number and you will be asked to enter your site address. If you are a substitute, you can feel free to list the District’s Main Office located at 3738 Walnut Avenue, Carmichael, CA 95608 as your site address.

*The 50% subsidy provided by San Juan Unified School District is made possible by funding provided by one of the District’s health insurance providers, Western Health Advantage (WHA).

At Work or Community Meetings/Monthly Pass

3. How can I find Weight Watchers meeting locations and times?
Visit https://wellness.weightwatchers.com using SJUSD Employer ID 9558347 and Passcode WW9558347 for a list of community and At Work meetings near you. Just enter your work address and zip code on the first page. On the following page, click “Go” next to the meetings option. If there is currently an At Work meeting set up in your zip code, you will see the meeting listed. You can also call 866-204-2885 for more information. For the complete list of At Work meetings already in place at San Juan Unified School District, or for more information about starting an At Work meeting, please contact your local Corporate Account Manager, Susan Howton, at Susan.Howton@weightwatchers.com.

4. What if I don't receive my Monthly Pass card in the mail or I lose my card?
Contact Customer Service at monthlypass@weightwatchers.com if you do not receive your card within two weeks of enrolling and follow these instructions to print a temporary card:
1. From your eTools account, click on Account Settings (it may require you to reenter your password).
2. Under Payment and Account Type, select Account Status
3. You will see a drop down box at the top of the screen. Click on it and select Monthly Pass Temporary Card.
4. Print your temporary Monthly Pass and bring to your meeting until your new pass arrives in the mail.

5. What if an At Work meeting is not available at my workplace?
To find out where other community meetings are held, go to http://www.weightwatchers.com/util/mtf/index.aspx and search by your zip code. If you would like to start an At Work meeting at your location, contact Susan Howton at Susan.Howton@weightwatchers.com.

6. What do I need to bring to a meeting?
Please bring your Monthly Pass and weigh-in book.

7. How much time should I plan on spending at a Weight Watchers meeting?
Weight Watchers meetings last approximately 30-45 minutes, including the weigh-in. At Work meetings will begin with a 15 minute weigh in period followed by a 30 minute meeting. There may also be an orientation for new members which can last an additional 30 minutes.

8. I know the At Work meetings at my worksite have already started. Is it too late for me to sign up?
No - you can join At Work meetings at any time.

9. What is the minimum number of participants required to start an At Work meeting?
A group must have 15 Monthly Pass members to start and maintain an average of 12 or more members ongoing to keep meetings going. (Note: Lifetime Members do not count toward the minimums.) For additional details, call 866-204-2885.

10. What is the role of the At Work on-site coordinator?
The role of the on-site coordinator is to:
- Help recruit the 15 or more participants to start an At Work meeting.
- Reserve the room for the meetings.
- Make sure the room is set up appropriately.
- Work with the Weight Watchers leader to organize the group.
- Direct participants to the meeting location, answer questions about meeting times, and refer the associates to the online registration portal or the toll-free number if necessary.
- Provide any updates to the Weight Watchers leader about meeting location changes.
• Help recruit members ongoing in order to maintain an average of 12 or more members.

The on-site coordinator is a volunteer position to be held by San Juan employees who can help to coordinate on-site meetings with Weight Watchers. Each site will need at least one coordinator to set up the At Work meetings.

11. If I miss my At Work meeting, can I weigh in and attend a community meeting?
Yes. Your Monthly Pass will be accepted at any participating Weight Watchers location. Bring your current Membership Book so the Leader can mark your attendance.

Membership Purchases and Cancellations

12. Is a credit or debit card required to purchase Monthly Pass or the Online Subscription?
Purchase options include credit or debit cards as well as PayPal. Please note: Flexible Spending Account Debit Cards cannot be processed for a Monthly Pass purchase. However, you may request a receipt for your weekly fees and you may submit the receipt to your insurance company if they authorize weight-loss services reimbursement.

13. Is Weight Watchers an allowable expense to be paid from a Flexible Spending Account (FSA) or Health Savings Account (HSA)?
Weight Watchers may be a reimbursable expense for people who have been advised by their doctor that they are obese and need to lose weight provided certain conditions are met. You need a doctor’s letter that 1) states your diagnosis of obesity, or an obesity-related disease such as high blood pressure, that would be improved with weight loss and 2) states the doctor’s recommendation that you lose weight. You also need a record of your expenses, such as paid invoices, receipts, or your Membership Book that is stamped with your attendance and payments. For reimbursement through an FSA, you must submit a doctor’s letter or medical necessity form provided by the claims payor and proof of payments for treatment with your claim. For HSA, you do not need to submit any documentation; however, you should save these documents with your tax records in case you are audited by the IRS. You may claim reimbursement for the purchase price. Go to www.irs.gov to learn more, or ask your tax advisor for guidance. You can also find helpful information at www.obesity.org.

14. How and when will I be charged for my Monthly Pass or the Online Subscription?
You will be charged after completing your first purchase of Monthly Pass or the Online Subscription. You will then be charged each month at the applicable monthly rate until you cancel. For Monthly Pass members: You may be charged up to 15 days prior to the end date printed on your Monthly Pass card to ensure that your next month’s card arrives in time. This means that you may be charged twice in your first month, once for your initial month and once for the following month.

15. Will I be charged a registration fee when registering for the first time?
No, you will only be charged for the monthly cost of the Weight Watchers offering.

16. Will my monthly membership/subscription automatically renew at the new company rate?
If you purchased your Monthly Pass or Online Subscription prior to January 1, 2014, you will need to cancel your current membership and re-register in order to receive the special corporate pricing. To cancel your membership, you can call 866-204-2885. If you purchased your Monthly Pass or
Online Subscription after January 1, 2014, your membership will automatically renew at the same corporate pricing on a monthly basis.

17. How do I cancel my Monthly Pass?
You can cancel your Monthly Pass at anytime. Simply visit www.weightwatchers.com/monthlypasscancellation for instructions. You can also cancel your membership by calling Weight Watchers at 866-204-2885. You may not cancel at meeting locations.

18. If I purchase Monthly Pass and later cancel during the course of the same month, will I receive a pro-rated refund on my credit card?
No, you will not receive a refund for the month in which you cancel, except as provided in the Cancellation Policy. If you have already been billed for your next Monthly Pass membership month, follow the instructions at www.weightwatchers.com/monthlypasscancellation to receive a full refund for that month. See the full set of rules for Monthly Pass cancellations and refunds at: http://www.weightwatchers.com/monthlypasscancellation.

19. How do I cancel my Online Subscription?
Log on to your account, scroll to the bottom of the page, and click the “contact us” link. Choose “cancel my account” and follow the instructions. You can also cancel your membership by calling Weight Watchers at 866-204-2885. Cancellation will be effective the last day of your billing cycle.

Lifetime Membership

20. What is Lifetime Membership?
Lifetime Membership is a privilege you receive after completing your weight-loss journey as a Weight Watchers meetings member. You receive a Lifetime Membership recognition award when you:

1. Achieve a weight goal that is within the Weight Watchers healthy weight ranges (or a healthy weight determined by your physician) and are at least five pounds less than your initial weight, and
2. Have been on the Weight Watchers maintenance phase for six consecutive weeks as a current, paid meetings member and are no more than two pounds above your weight goal at the end of that period.

As a Lifetime Member, we encourage you to attend Weight Watchers meetings in your local area and anywhere in the world. There is no charge as long as you weigh in once a month at the first meeting you attend and you’re no more than two pounds above your weight goal. Don’t forget to show your Lifetime Membership book. As a free Lifetime Member, you will also receive a free eTools voucher to retain access to all the online tools.

21. I am a Lifetime Member who has gained weight back. Can I return to Weight Watchers as a Lifetime Member?
Yes. If you want to return to meetings as a Lifetime Member, simply show proof of Lifetime Membership by bringing your Lifetime Membership book or Lifetime Member number. If you are two pounds or more over your goal weight, you will need to pay the weekly fee or purchase a monthly pass until you reach within two pounds of your Lifetime goal weight to become a free member again. NOTE: Free Lifetime Members may attend AT Work meetings, but will not be counted toward the minimum number of participants to start (15) or maintain (average of 12) At Work meetings.
22. What if I have lost my Lifetime Member number?
Please call 800-651-6000 for assistance.

23. What fees apply to Lifetime Members?
Once you become a Weight Watchers Lifetime Member, you may never have to pay a registration fee at Weight Watchers again. As a Lifetime Member, you are charged a meeting fee only if you are two pounds over your weight goal. In addition, you are not expected to pay a missed meeting fee unless you have not weighed in within a one month period.

24. What do I do with my current Monthly Pass after I become a free Lifetime Member?
You will need to call 866-204-2885 to cancel payment on your Monthly Pass. Ask your meeting leader for your free eTools voucher.

Other

25. After registering for and purchasing a Monthly Pass or Online subscription, how can I access it online?
Go directly to WeightWatchers.com and log in. Once you log on to www.weightwatchers.com, you will be recognized as a returning registered online subscriber. The easiest way to continue to access www.weightwatchers.com is to save it as a “favorite” within your browser.

26. What is the Weight Watchers PointsPlus program?
The PointsPlus program takes into account how your body processes food. You’ll be guided towards smarter – and delicious – choices, like Power Foods, that make your body work harder while providing better nutrition throughout the day. With Weight Watchers, every food has a PointsPlus value, which takes into account a food’s protein, carbs, fat, and fiber. Using advancements in nutritional science, we’ve developed a formula that helps us wrap it all up into one easy-to-use number. You’ll get a daily personalized PointsPlus Target, so you know how much to eat to lose weight safely – while feeling satisfied.

27. What is Weight Watchers360?
Weight Watchers 360° is a new holistic approach to surround members with tools, support, motivation, and guidance in an effort to maximize engagement in the weight-loss process. They’ve combined the proven PointsPlus® program with the latest advancements in behavioral science to teach members how to build healthy habits that can become second nature, and to set up their environments to help them lose weight successfully and learn to keep it off. Weight Watchers 360° builds on the Tracking behavior and adds more emphasis to managing Spaces (environments and situations) and developing specific Routines that can become new healthy habits that stick.

28. Are Weight Watchers resources available in any language other than English?
Yes. Member meeting materials are available in Spanish upon request and the Weight Watchers call center at 866-204-2885 has Spanish-speaking representatives. If one is not available at the time of the call, the call will be transferred to voicemail where a message is taken. A Spanish-speaking representative will return the call as soon as possible during business hours.

29. How do I contact Weight Watchers?
You may reach Watch Watchers at wellnesshelp@weightwatchers.com or 866-204-2885.