International Baccalaureate Planning for Success

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Know the International Baccalaureate Mission Statement

The International Baccalaureate Organization aims to develop inquiring knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end the IBO works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment.

These programmes encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences can also be right.
Know Which Matador to Talk to...

- Richard Nichols - Principal
- Lynne Tracy - Vice Principal (A-Lec)
- Sheila Holley - Vice Principal (Lee-Z)
- Kristine Green - Counselor (A-F)
- Jeannine Hall - Counselor & IB MYP Coordinator (G-Mh)
- Taneisha Hellon - Counselor (Mi-Pq)
- Janice Cataldi - Counselor (Or-Z)
- Tim Sullivan - IB MYP Coordinator
- Dave Mathews - IB Diploma Coordinator
- Rochelle Jacks - MYP CS & DP CAS Coordinator
1. Help your child does not Procrastinate.
2. Make sure your child is writing in and using their planners each day.
3. Make sure your child studies in a "distraction free zone".
4. Help them get off the email, vining, instagram, snapchats, phone/texting, web, video games etc.
5. Encourage them to talk to their instructors and counselor
6. Stay Positive!!! Studies have shown if you are optimistic about your work, you will be far less stressed. Complaining or venting can be done in very small doses (5 minutes) but then help them get back on task.
7. Make sure they are getting some sleep. Sleep studies show that students who cram all night and get no sleep, do worse on exams than those who study then get some sleep.
8. Encourage them to form appropriate study group for each class and meet in the library at lunch or after school.
9. Do not wait to ask for help. Get a tutor. Meet with your teacher at lunch for a little extra help. There is tutoring in the library all days except Thursday.
10. Help your child to not panic when things don’t go well. Help them accept failure and move past it. This builds resiliency.
Know Some Tools We Provide

- Q/Zangle (obtain your usernames and passwords through the counseling office, students & parent)
- Naviance (simply use ID number & 8 digit birthday)
- Managebac (set up your Username & Passwords through Ms. Jacks)
- Schoology
- Tutoring websites: Khan Academy (Google it)
Know About Planners

- Many students use their hand as a planner.
- If this is your student’s planner – pursuing the full IB diploma will not be easy.

- This is what an IB Diploma student planner should look like.
- Everything is written down and the student actually reads the planner on a daily basis.
Know the A-G Requirements

<table>
<thead>
<tr>
<th>Subject</th>
<th>Requirements</th>
<th>Years Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades must be C’s or Better</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A  CSU-History/Social Science</td>
<td>(CSU-1 year of U. S. History, American Government and 1 other yr/ UC-World History/ World Geo 1 year and 1 year US History or 1 sem US History and 1 sem Gov)</td>
<td>2 Years</td>
</tr>
<tr>
<td>B  English</td>
<td></td>
<td>4 Years</td>
</tr>
<tr>
<td>C  Mathematics</td>
<td>(Algebra 1, Geometry, Algebra 2)</td>
<td>3 Years</td>
</tr>
<tr>
<td>D  Laboratory Science</td>
<td>(1 biological &amp; 1 physical)</td>
<td>2 Years</td>
</tr>
<tr>
<td>E  Language other than English</td>
<td>(UC recommends 3 years)</td>
<td>2 Years</td>
</tr>
<tr>
<td>F  Visual and Performing Arts</td>
<td>(art, drama, music) (10 credits in same course)</td>
<td>1 Year</td>
</tr>
<tr>
<td>G  Electives</td>
<td></td>
<td>1 Year</td>
</tr>
</tbody>
</table>

See approved ML course list for UC/CSU
Know the IB Middle Years Requirements
9th & 10th Grades

• Certificate Students
  – Students will complete assessments in all 6 subjects
  – Students must earn a minimum “3” or better in all subjects/personal project with an average of “4” for a total of 28 (teachers give a 1-7 score in March/April of the 10th grade year)
  – Students will complete their Personal Project
  – Students will compete 20 hours community service each year for a total of 40 hours

• Associate Students
  – Students will complete assessment in 5 out of the 6 subjects
  – Students must earn a minimum “3” or better in all subjects/personal project with an average of “4” for a total of 24 (teachers give a 1-7 score in March/April of the 10th grade year)
  – Students will complete their Personal Project
  – Students will compete 20 hours community service each year for a total of 40 hours
# Know the MYP Courses

## Required MYP Subjects

<table>
<thead>
<tr>
<th>Subject</th>
<th>Required Years/Type</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Language &amp; Literature</strong></td>
<td>Year 4 &amp; Year 5</td>
</tr>
<tr>
<td><strong>Language Acquisition</strong></td>
<td>2 Years (MYP 1, 2, 3, 4) in one of the following: Chinese, French, Japanese, Spanish</td>
</tr>
<tr>
<td><strong>Mathematics</strong></td>
<td>2 years of the following:</td>
</tr>
<tr>
<td></td>
<td>Integrated Math 1, 2, 3, Geometry, Algebra 2, Pre-Calc, AP</td>
</tr>
<tr>
<td></td>
<td>Calculus</td>
</tr>
<tr>
<td><strong>Sciences</strong></td>
<td>Honors Biology, Honors Chemistry, Honors Physics</td>
</tr>
<tr>
<td><strong>Individuals &amp; Society</strong></td>
<td>Honors World History, Honors US History</td>
</tr>
</tbody>
</table>

## Choose 1 of these Subjects

<table>
<thead>
<tr>
<th>Subject</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical and Health Education</td>
<td>MYP Testing in 10th grade</td>
</tr>
<tr>
<td>The Arts</td>
<td>Band, Choir, Drama, Visual Art</td>
</tr>
</tbody>
</table>

## The Arts

Band, Choir, Drama, Visual Art
IB Diploma
11th & 12th Grade

• **Full Diploma requires**
  6 tests (4HL + 2 SL OR 3HL + 3SL)
  Theory of Knowledge (TOK)
  Extended Essay
  150 CAS hours

• **Associate**
• 4 tests (any combination of HL & SL)
  Theory of Knowledge (TOK)
  100 CAS hours

• **Certificate**
  Some Tests - HL or SL

**IB Diploma Courses**
- IB English (HL)
- IB Chinese, Japanese, Spanish & French (HL & SL)
- IB History of Americas (HL)
- IB Economics (SL)
- IB Biology (HL), IB Chem (SL), IB Physics (SL), IB Enviro (SL)
- IB Math Studies (SL), IB Math (SL) Methods, IB Math Higher Level (HL)
- IB Art, IB Theater (HL or SL)
Know about MYP Community Service & Personal Project

- Complete 20 hours of Community Service in 9th Grade & 20 hours in 10th Grade
- Work with Ms. Jacks to sign up for Managebac
- Visit Ms. Jacks Community Service Website & Join her email group
- Meet your Community Service deadlines

- In April of 9th grade begin the MYP Personal Project
- Work with Mr. Sullivan
  - You will have 1 year to complete the Personal Project
- Be knowledgeable of Managebac and how to create our Process Journal
- The Project should be a topic you are excited about
CAS & E.E.

- CAS = Community, Action and Service and you can start this during the summer of your Sophomore/Junior year (Staff in charge: Jacks)
- EE = Extended Essay which is a 4000 word essay on the topic of your choice of original research; you must work with a EE advisor (Staff in Charge: Sullivan)
Know the PE & Health Requirements

• IB Full Diploma students will take:
  2 semesters of PE in 1 of 4 ways
  1. Take MYP 5 PE in 10th grade
  2. Take Summer School PE
  3. Compete in a Mira Loma Sport for 2 seasons or 2 different sports for 1 season each
  4. Complete Independent Study PE through El Sereno

1 semester of Health in Independent Study

• Complete Health through Independent Study during the summer through SJUSD
• Brigham Young University’s online program
If you have questions:

Email:
Jeannine Hall @ jhall@sanjuan.edu
Tim Sullivan @ tisullivan@sanjuan.edu
Or call at 971-7467
Dave Mathews @ dmathews@sanjuan.edu
Rochelle Jacks @ rjacks@sanjuan.edu
Know about Naviance

Welcome to Naviance, an innovative educational planner that San Juan Unified School District is providing to all students grade 7-12. Naviance Succeed Program is a comprehensive, web-based resource that helps students develop a unique career, college and educational pathway toward their individual aspirations.

We are pleased to make this resource available to our students and parents. The SJUSD Strategic Plan charges District leaders to work with students, families and staff to design and implement a system that creates challenging and personal educational plans.

Feel free to explore the site and to take advantage of its many activities. You can easily save your information. All of the tabs have activities or other useful tools (Note: at this time, the "Courses" tab has not been activated).

This site is the place to create an exciting educational plan designed just for you. Enjoy!
Know about Managebac
Know about Personal Project on Managebac