



# WorkAbility

5325 Garfield Avenue, Sacramento, California 95841

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DATE: \_\_\_\_\_

## SJUSD 9<sup>TH</sup> Grade - Preliminary Transition Self-assessment

NAME: \_\_\_\_\_ GRADE: 9 BIRTHDATE: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ CASE MANAGER: \_\_\_\_\_

### **POST SECONDARY EDUCATION**

- I plan to continue my education after high school:  yes  no  I don't know yet  
I may attend  career/technical school  community college  four year college  I don't know yet
- I work hard to get good grades  always  sometimes  never
- My favorite subject in school is \_\_\_\_\_
- The subject I find most challenging is \_\_\_\_\_
- I learn best by  listening  reading  watching others  practicing  I'm not sure
- I have a system for keeping track of important information.  yes  sometimes  no

### **POST SECONDARY EMPLOYMENT**

- My 'dream job' is \_\_\_\_\_
- If I can't have my dream job I'd like to \_\_\_\_\_  
\_\_\_\_\_
- I've had the following prevocational experiences:  odd jobs in my home or community  babysitting  
 volunteering at (describe) \_\_\_\_\_
- Things I do well include \_\_\_\_\_  
\_\_\_\_\_
- Tasks that I find challenging include \_\_\_\_\_  
\_\_\_\_\_

### **POST SECONDARY LIVING**

- When I graduate I may live  with my family  with roommates  in college housing  I don't know yet
- I know how to manage money  always  sometimes  never
- I do chores at home  always  sometimes  never
- My hobbies include \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**SIGNATURE**

\_\_\_\_\_  
**DATE**

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